

CORN SALSA

STRAWBERRY SALSA

Recipe From: Christa Hudson, MS, RD, LD

*Find these ingredients at [#CapeRiverFrontMarket](#)

1 lb cooked corn kernels*
¼ cup red onion, diced*
2 jalapenos, minced (ribs and seeds removed)*
1 garlic clove, minced*
Juice From 2 limes
1 tsp olive oil
1 Tbsp chopped cilantro or parsley*
Salt to taste

1. For each recipe, combine the ingredients together in a large bowl. Season with salt to taste.
2. Store leftover salsa in an airtight container in the refrigerator

1 lb fresh strawberries, cored and finely chopped*
Juice From 1 lime
1 jalapeno, minced (ribs and seeds removed)*
3 Tbsp diced red onion*
1 Tbsp chopped cilantro or parsley*
Salt to taste

